

**MY  
VISION BOARD  
GUIDE**

F O R M A N I F E S T I N G  
Y O U R Y E A R L Y  
V I S I O N

EARLY RISERS GANG

# V I S I O N   B O A R D



Create a vision board with intention and purpose. It should include different areas of your life. Set specific goals for the next 12 months. Dream big. Add images that make you say, "Yes! That is what I want to cultivate." Put your vision board in a high volume traffic area where you can see everyday. You can tweak or add on as you go.

# W H A T M O T I V A T E S M E



What do you love? What things are you willing to sacrifice your time, resources, and attention for? It can be the simplest things you love that can be indicators of your underlying passions. Write them here.

# A C T I O N P L A N



Choose yearly goals that lead you to your big-picture vision. Break down your goals into mini goals and then into action steps. Remember to pace yourself throughout the year. Set goals you will follow through with without burning out along the way.

Yearly goal and why

Resources needed

What success looks like for this goal at the end of this year

# M O N T H I N R E V I E W



Cultivate gratitude. Add a reminder to your calendar to use this worksheet at the end of every month to be grateful for all the things in your life.

● I'm especially grateful for ... ●

● ●

● Goals I'm nailing ... ●

● ●

● Someone I'm grateful for ... ●

● ●

● Progress I'm celebrating ... ●

● ●

● Grace over Guilt about ... ●

● ●

● A lesson I learned ... ●

● ●

● I'm saying no to ... ●

● I'm saying yes to ... ●

● ●

# T O D A Y

6am 

7am 

8am 

9am 

10am 

11am 

12pm 

1pm 

2pm 

3pm 

4pm 

5pm 

6pm 

7pm 

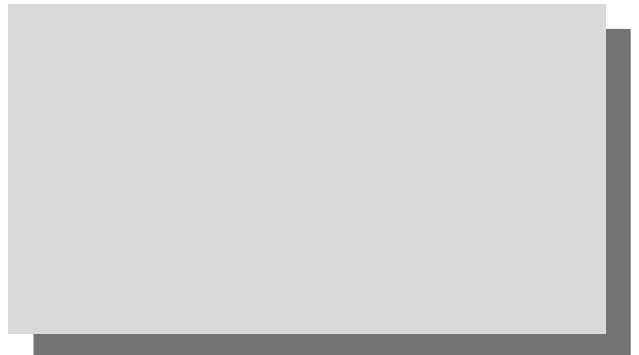
8pm 

9pm 

Today I am grateful for ...



Today's Priority



Tomorrow

